

ADVENTURES IN THE KITCHEN

THE ULTIMATE CULINARY TEAM BUILDING PLANNER

Everything you need to plan your
team building event.



VISIT [ADVENTURESINTHEKITCHEN.COM](https://adventuresinthekitchen.com) FOR
MORE INFORMATION

Welcome,

I started Adventures In the Kitchen because I love how transformational time in the kitchen is. Cooking together is a great way to break down walls and build relationships. Our culinary team buildings spark creativity, inspire team work and end with a fabulous meal your team cooked together.

The benefits of a culinary team building transfer back to your workplace. Our team building engage your team and include elements of:

- * Creativity
- * Collaboration
- * Communication
- * Connection
- * Cooking Skills
- * Celebration

Your time together will be filled with great conversation and lots of laughter. Build new memories as a team. Celebrate a team success or recharge before a busy season. Our events make wonderful holiday parties.

This guide provides tools to help you plan your next team building event. There are team lists, a step-by-step panner and table talk cards to use to guide you through the debrief.

If you want pricing and more information, contact me at cheri@adventuresinthekitchen.com or fill out our contact form.

We look forward to seeing you in the kitchen.

Cheri

TEAM LISTS

TEAM ONE

<input type="checkbox"/>	_____

TEAM TWO

<input type="checkbox"/>	_____

TEAM THREE

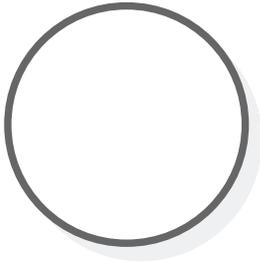
<input type="checkbox"/>	_____

TEAM FOUR

<input type="checkbox"/>	_____

CULINARY TEAM BUILDING OPTIONS

CLASSIC

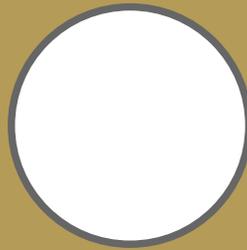


- Select a menu
- Appetizers
- 4 Course Meal
- Table Talk

Teams work to prepare one course each and the teams come together to enjoy the fruits of their labor.

[Learn More](#)

CHOPPED

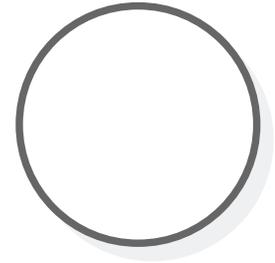


- Appetizers
- Select Protein
- We provide a pantry
- Secret Ingredient
- Judging
- Champion Certificates
- Encourages Creativity

Chopped team buildings provides opportunities to create, present and bond together as a team

[Learn more](#)

CUPCAKE WARS



- Add on to Classic
- Teams Create Cupcake
- Present to Judges
- Cupcake Wars Certificate

Cupcake Wars provides the competition and fun but lets you select a menu for your team. It's the best of both world.

[Learn More](#)

CULINARY TEAMBUILDING PLANNER

OBJECTIVE

1

DEFINE PURPOSE

What is the goal of your event? Is it there something you are celebrating? Do you want to bond as a team? A goal in mind will help create the event that is best for your team.

2

BOOK A DATE

Is your date fixed or flexible? What time of day are you looking at?

3

CHOOSE TEAM BUILDING

Do you want a fun but relaxed atmosphere like the Classic or does your team love a good competition like Chopped or Cupcake Wars?

4

SELECT MENU

Select from our list of menus. Let us now if there are any dietary restrictions,

5

INVITE GUESTS

Send a Save The Date to get it on your teams calendar and follow up with an invitation. Don't forget to have them wear comfortable shoes!

6

PERSONALIZE

Gift your team with personalized aprons or oven mitts they can take home as a reminder of a fun event.

7

FINALIZE COUNT

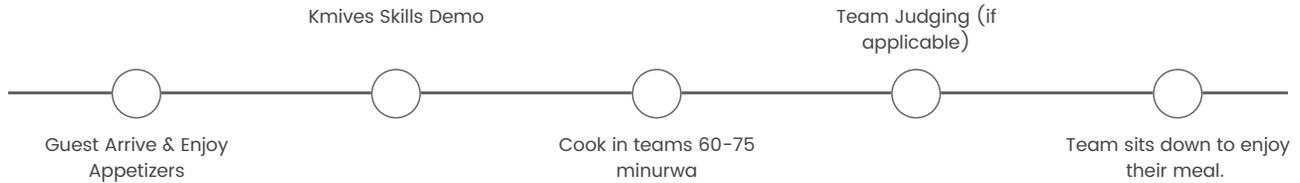
One week prior we required a final count. We will talk with you and finalize all the details of your event.

8

CHOOSE TEAMS

Decide if you want to assign teams, allow them to pick or have us count off the team as we begin our demos.

DAY OF THE EVENT



STEP 1

Guests arrive and enjoy appetizers. You have 15-20 minutes to mingle.

STEP 2

Your chef for the event starts of with an overview of your time together before providing a knives skill demonstration.

STEP 3

Break into teams and prepare your meal. Usually you have about 60-75 minutes for preparing the food.

STEP 4

If you select the Chopped option - the judging begins. Each team presents the judges with a tasting plate.

STEP 5

Enjoy the meal you prepared as a team. 60 minutes

SAMPLE TIMELINE

Sample Timeline - Chopped Challenge

*We can start your event at any time! Here is a sample timeline.

- 6:00pm . Guests arrive and enjoy beverages and appetizer
- 6:30pm Brief culinary demonstration, introduction to event program, teams form
- 6:45pm . Guests begin to cook
- 7:45pm . Cooking ends and present their creations to the judges
- 8:00pm Guests are seated for the meal, winners announced during dessert
- 9:00pm . Event ends and guests depart

TEAM BUILDING DEBRIEF QUESTIONS

**WHAT
YOU
THE MOST
TODAY?**

**NAME A
CHALLENGE
YOU FACED?**

**SHARE A
TAKEAWAY
FROM
TODAY.**

**DID EVERYONE
HAVE A ROLE
DURING THE
CHALLENGE?**

**SHARE HOW
YOU
WORKED
AS A TEAM?**

**WHAT DID YOU
LEARN
THROUGH THIS
EXPERIENCE
AND HOW CAN
YOU USE IT IN
THE FUTURE?**